



**July 6, 2010**

**Prayer for His Holiness, The Dalai Lama on his 75th Birthday**

As long as space remains,  
As long as sentient beings remain,  
May His Holiness the Dalai Lama too remain  
To dispel the miseries of the world,  
Particularly in the country of Tibet, now in darkness, whose future is unknown.

May His Holiness the Dalai Lama enjoy good health and live long.  
May his work for world peace be highly effective and bear great success.  
And may sustainable peace and harmony prevail in every corner of the world.

Wherever the Bodhisattvas choose to reside,  
May their aspiration and wishes be fulfilled.  
May their prayers bear maximum fruit  
Which may be enjoyed by all sentient beings.

His Holiness the Dalai Lama, the Buddha of Compassion,  
Who appears in human form in the land surrounded by snowy mountains,  
Who is the source of peace and joy for limitless beings,  
May he live until the entire ocean of Samsara ceases.

May evil thoughts in the minds of the Chinese leaders  
Be replaced with compassion and respect for mankind.  
May the people of China have the courage to stand up for Tibet,  
And may a peaceful solution arise like a sun after the darkness of night.

For the world, and particularly Tibet, the land of Dharma,  
His Holiness the Dalai Lama is like the sun during the day and like the moon at night.  
Without him, the world, and particularly Tibet, would be very lonely, with no peaceful light.  
Oh, compassionate Avalokestishvara, please remain on this earth,  
Which desperately needs your guidance.

May all Lamas, Deities, Dakinis, and Powerful Protectors  
Bless us and make our virtue and merit the powerful cause  
Of all necessary conditions for His Holiness to live long  
And accomplish everything that he wishes for in the world.

The beings living in this degenerating time  
Are often very deluded and extremely difficult to please.  
Therefore, there may be reasons for Noble Beings to be disheartened.  
Yet, the promises that Noble Beings have made to serve sentient beings,  
Lead us to request from our humble hearts a prayer  
That His Holiness the Dalai Lama may live long  
As the pumping heart for all beings.

Composed by Geshe Dakpa Topgyal  
July 6, 2010